

## **Beauty remains in the mind of the individual**

What is beauty? Is it physical, or is it emotional? The question lies within the individual. Beauty is defined as, "the quality present in a thing or person that gives intense pleasure or deep satisfaction to the mind." Therefore, beauty can be both because beauty is what the individual mind sees it as. One might see a person as beautiful. While, another might see a flower as beautiful. Then, there are those that see themselves as beautiful for the way they treat and view life.

Someone once said, "the greatest treasures are those invisible to the eye, but found by the heart." Beauty cannot be seen by the eye. It can only be felt by the heart, or imagined by the mind. For some, it is truly hard to find beauty and love. Most will search most all of their lives for something that they may never find. Other people have learned to look past the physical features and into the soul of the individual. Beauty is the idea of perfection. The idea that something, or someone, has positive features that are admired.

Is it possible that beauty is just an idea that humans create? The idea of 'perfection' is a fabrication. No one person, or group, can be necessarily be perfect. Perfection is impossible when everyone is different in appearance, and thought. Everyone thinks of beauty in a different way. One person might see something, or someone, as beautiful, but another sees it as ugly.

Beauty can be good, or it can be evil. Many people have used their physical beauty to control, and do wrong. This occurs at school, work, Hollywood, or even the streets that one lives in. True beauty lies within the human mind. Humans see a picture of a famous person, and automatically assume they are beautiful. That person is most likely way

different than one might think. One may not realize that person is very nasty, and uses beauty in their favor. These people let the idea of beauty go to their minds. The different experiences of beauty often involves the idea that an entity is in balance, and has harmony with nature. This leads to strong attraction to that entity.

It is how the human mind views beauty is what really counts. True beauty doesn't exist in your looks, or your heart. It exists inside of your mind. The human mind creates beauty. The views are different by all when it comes to beauty. "Beauty lies within the eyes of the beholder." A man doesn't love a girl because she is beautiful. She is beautiful because he loves her. The man thinks she is beautiful because she is everything to him. This is what changes the idea of beauty. He can love her, and think she is beautiful. Then he no longer loves her, or think the same about her beauty.

Different people, different eyes, at different times. Still, beauty lies in the mind. People have their different definitions for it, but beauty gives "deep satisfaction to the mind." This is what beauty is. An idea that gives satisfaction to the mind. Whether it is physical, emotional, or a little of both. The true answer lies within one's mind and soul. Beauty is anything that vibrates with personal meaning.

In an experiment conducted by Dr. Macaluso and Dr. Rizzolatti, researchers concluded that "reaction to an image may be 'hard-wired,' but what we think about the image is up to us." Within this experiment, the researchers showed a series of pictures. The mind responded with the beautiful ones, and did not respond to the ugly ones. Beauty attracts to one's mind, so that one creates beauty. Everyone is born with their own sense of beauty. It is a natural idea of human nature. Beauty is an idea that is created by the

beholder. Beauty is our mind. Everyone is beautiful in their own sense. Everyone is unique with their own looks, and feelings. So, again, what is beauty? The reader should ask themselves that very question.

### **Bibliography**

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